

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
OFFICE OF PROGRAM SERVICES
PROGRAM PROFILE

Parent Child Assistance Program (PCAP)

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Who Can I Contact at DBHR for More Information?

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What Is the Parent Child Assistance Program (PCAP)?

The Parent Child Assistance Program (PCAP) provides advocacy services to high-risk, substance-abusing pregnant and parenting women and their young children in King, Pierce, Spokane, Grant, Cowlitz, Skagit, Kitsap, Clallam, and Yakima Counties, as well as the Spokane Reservation. PCAP services include:

- Referral, support, and advocacy for substance abuse treatment and continuing care.
- Assistance in accessing and using local resources such as family planning, safe housing, healthcare, domestic violence services, parent skills training, child welfare, childcare, transportation, and legal services.
- Linkages to healthcare and appropriate therapeutic interventions for children.
- Financial assistance for food, unmet health needs, other necessities, and incentives as needed.
- Timely advocacy based on client needs.

What Populations Are Served And/Or Who Is Eligible For These Services?

Services are available to high-risk, substance-abusing pregnant and parenting women and their young children; women who may themselves have a diagnosis of Fetal Alcohol Syndrome (FAS) or Fetal Alcohol Effect (FAE), women who have given birth to a child diagnosed with FAS or FAE, women who do not receive adequate prenatal care, and women who have not successfully accessed community resources for substance abusing individuals.

How Many People Are Served Each Biennium?

An estimated 675 women and their children will receive services annually.

What Is The Biennial Funding Amount And Source(s)?

For the 2009-2011 Biennium, over \$7.7 million is budgeted for PCAP services. These funds are a combination of TANF and state dollars.

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What Would Be The Impact If These Services Were No Longer Available?

A comprehensive means of working with these mothers and their children would be lost. Many of these mothers are the most difficult to treat and therefore need the additional resources to assist them in following through in their recovery.

What Other Agencies Collaborate With Dasa To Deliver These Services?

PCAP works closely with community service providers to ensure services are available and accessible to meet the needs of women and their children ages birth-to-three. Many agencies act as referral sources, notifying PCAP regarding clients who are eligible for participation in the program. PCAP regularly collaborates with the pediatric interim care units to ensure advocates are trained to work with mothers and babies, and obtain consultation on specific cases as necessary. Many PCAP clients have serious mental health problems as well. PCAP works with mental health provider networks and frequently arranges for multi-disciplinary staffing and counseling for clients. A working relationship is well established with the statewide University of Washington FAS Diagnostic and Prevention Network. PCAP advocates work with clients to increase access to necessary services and resolve barriers. Other collaborative relationships include liaisons with courts, schools, vocational centers, and therapeutic childcare centers.

What Are The Sources For Program Data Or More Information?

- University of Washington Fetal Alcohol and Drug Unit
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